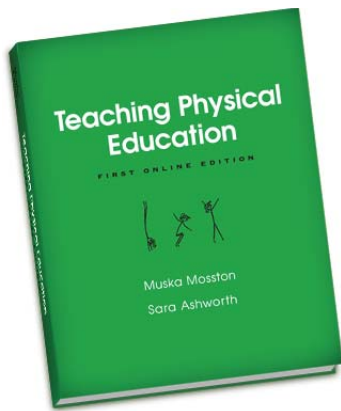




The Spectrum Institute for Teaching and Learning

Buckeystown, MD
[http: spectrumofteachingstyles.org](http://spectrumofteachingstyles.org)

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Online Book Edition

It is with great delight that we thank all the Spectrum website visitors who have downloaded the online book edition. During the first seven months that the book was online, over 1500 copies were downloaded. THANK YOU!

For all of you who sent the Spectrum Institute a donation, we thank you very much. Many of our student donors gave \$5, \$10, \$15; while others gave \$50, \$75 or \$100. One special donor was extremely generous. Thank you to all - every dollar helps! Your donations make it possible for us to keep the book free for all.

We are continuing to offer this book free for as long as we can. Please add your contact name to our list so we can contact you when we update our site.

September 2009

AIESEP - Association Internationale des Ecoles Superieures d'Education Physique International (Association for Physical Education in Higher Education) held their pre-conference board meeting in Jupiter, Florida on the properties of Dr. Sara Ashworth and her husband Sandy Lankler. This location is also the site of the Florida Spectrum Institute. In spite of the relaxed environment, the board members worked long hours each day to complete their full agenda.

Many AIESEP members are knowledgeable and avid supporters of the Spectrum. A personal highlight of the conference for Sara was a gift from Dr. Keh Nyit Chin of National Taiwan Normal University of the text *Teaching Physical Education* translated into Chinese by Dr. Hung-Shih Chou. Although this translation was completed shortly after Dr. Mosston's passing, we had never seen a copy of this work. It was thrilling to see the Spectrum in Chinese. We recognized the Spectrum charts!

AIESEP.com

Translations

In addition to the Chinese translation by Dr. Hung-Shih Chou, the Spectrum text has been translated into many languages. We wish to thank the many colleagues who devoted their professional time and energy to the Spectrum and have contributed to spreading the Spectrum ideas beyond so many borders.

- 2009. Portuguese translation - Metodologia do Ensino Educacao Fisica by Dircema Franceschetto Krug. JM Livraria Juridica, Curitiba, Brazil.
- 2006. French translation - Le Spectre des styles d'enseignement by Hughes LeBlanc. Les Editions C&C, North Hathley, Quebec
- 2004. Korean translation by Mihye Cho, Hyeonja Hwang, Jeongae You, Yunhee Kim & Heejin Choi.
- 2000. Turkish translation by Eda Tuzemen. Bağırgan Publishing Company, Ankara, Turkey.
- 1997. Greek translation by Kostas Mountakis
- 1994. Chinese translation by Hung-Shih Chou from National College of Physical Education and Sports, Taoyuan, Taiwan, R.O.C.
- 1993. Spanish translation. Madrid, Spain. La Enseñanza de la Educacion Fisica La Reforma del los Estilos de Enseñanza by Santos Berrocal. Editorial Hispano Europea, S.A. Barcelona, Spain.
- 1982. Spanish translation La Enseñanza de la Educacion Fisica by José Penhos Ediciones Paidós publisher, SAICF, Barcelona, Spain.
- 1979. Spanish translation of Developmental Movement - GIMNASIA DINÁMICA by Mauricio González - Translator Pax-México., México.

Colleague Collaboration

2009 was a very busy year for international collaboration. Intense Spectrum study sessions occurred this year. Although the number of colleagues was small, the duration of their Spectrum-study visits were lengthy.

Dr. Hüseyin Coşkun from Hacettepe University in Ankara, Turkey arrived in the USA for close to a five month study-sabbatical. He had the pleasure of staying primarily in Laramie, Wyoming and studying with Spectrum colleague Dr. Mark Byra, University of Wyoming. Dr. Coşkun participated in Dr. Byra's semester course on the Spectrum. Besides sharing pedagogical knowledge, Hüseyin was introduced to American university life and college football. He even attended the team's practices. The mountains and abundance of snow were not an obstacle nor did they prevent him from riding his bike everywhere - even during the snow storms. This study-sabbatical provided both Mark and Hüseyin with opportunities for cultural exchange and sharing of Spectrum knowledge.



Drs. Byra and Coşkun

In addition to Wyoming, Hüseyin visited Dr. Sara Ashworth in Florida for a very intense week of Spectrum study. Dr. Coşkun's dissertation addressed the issue in the Self-Check Style-D of novices providing self-assessment when learning a new complex task. This dissertation is a very innovative and interesting study in that it examined single episode learning and tested the Spectrum's assumption that the Self-Check Style is not appropriate



Dr. Coşkun in Florida

for novices to practice complex physical movement tasks **unless** they have some kind of visual recording of their performance from which to recall and compare their performance to the model. Hüseyin's study was well designed and innovative and its conclusion suggested that, with visual verification and written checklists of anticipated performance, accurate self-checking by novices is possible in the Self-Checking Style.

Dr. Nikolaos Digelidis, University of Thessaly in Trikala, Greece, spent three and a half months in the USA on a study-sabbatical that focused on visiting many Spectrum colleagues at different universities and observing how each used and implemented the Spectrum within their departments. The Spectrum hosts included: Dr. Mark Byra, University of Wyoming; Drs. Sue Mueller and Caroline Kuchinski of East Stroudsburg University; Dr. Fran Cleland of West Chester University; and Dr. Sara Ashworth, Spectrum Institute in both Florida and in Maryland. Additionally, he participated and interacted with many additional Spectrum colleagues who attended the AIESEP Specialist Symposium hosted by Dr. John Todorovich at the University of West Florida. One such colleague was Dr. Howard Zeng from Brooklyn College, CUNY. He is a long time supporter and friend of the Spectrum.

Dr. Digelidis observed that each institution had different conditions, but each integrated the Spectrum theory into their program. What was common among each institution was the important role the Spectrum had as the unifying pedagogical theory. In East Stroudsburg University, Drs. Mueller and Kuchinski have created a teacher education program that embraces the Spectrum as the pedagogical undergraduate theory. They have also designed classroom supervision of students and workshops for classroom teachers so they will be informed about Spectrum theory as they observe their PE university students. This common knowledge base has minimized the idiosyncratic feedback that is too often given to young students.

Nikos and Sara spent study time in both Spectrum Institute locations. Nikos even managed to visit our nation's capital and New York City!



Dr. Digelidis in Florida

International Conference

July 2009, The 26th ACHPER International Conference, Brisbane, Queensland Australia

Special thanks go to Dr. Tom Cuddihy (Chair of the School Learning and Teaching Committee, School of Human Movement Studies, Queensland University of Technology) for the outstanding job he, his staff, and his students did in making the 26th ACHPER International Conference in Brisbane, Queensland, Australia such a wonderful experience academically, socially, and physically (there were a lot of hills to climb as we walked around the campus and city)! The approximately 500 participants were incredibly active and socially welcoming. As a keynote speaker and session presenter, I can say the audience was wonderful and I thank them very much for the kind and generous welcoming and genuine Spectrum interest and questions that they asked. It is always heart warming to visit a new location where the Spectrum is known and regarded with professional respect. I was overwhelmed by the number of new colleagues I met from Australia, New Zealand, Singapore, and other parts of the world.



Dr. Tom Cuddihy and Sara

I would like to give special thanks to the students who were so attentive and professional. You represented your university and our profession with dignity, manners, knowledge, and a wonderful sense of humor. Best wishes to all of you.

One of the most rewarding benefits of this conference was meeting Brendan SueSee, “my” doctoral student!

In 1997, Brendan began work on his Spectrum focused dissertation. He contacted me to see if I would be available for questions as his study progressed and his questions increased!



Brendan SueSee and Sara

We have become genuine Spectrum colleagues and now friends after meeting each other for a delightful week at the conference. Brendan not only studied the theory, but also practiced implementing the styles in his own classroom. He is not only theoretically knowledgeable in the Spectrum, he is practically skilled at identifying and implementing the styles and is able to assess when to use the landmark styles or when to adapt them. He has been a joy to work with and gift to know. Brendan presented his first international presentation at this conference - he was prepared, relaxed and spoke with assurance. He also served as my PowerPoint “clicker” during the conference. He advanced the slides with precision performance! Thank you, Brendan.

The theme of Creating Active Futures is certainly a topic that is relevant to all of us in Physical Education. Creating active futures will require a vision that includes alternatives, invites participation, and creates inclusion while supporting flexibility in programs. This conference was a pleasure to attend. Thank you, Dr. Tom Cuddihy, for the invitation to address your ACHPER members.

Sara



Physical Education majors at Queensland University of Technology



Downloads Coming Soon

The Downloads page is under construction! We need several months to complete the various projects planned for this page. The wait will be worth it - you won't be disappointed when this section is finished. To help us plan, send comments letting us know what information you need to better understand the theory and implementation of the Spectrum.

Episode Database

Institute staff are planning a Spectrum Episode Retrieval System (SERS) where teachers and students can share Spectrum episodes with colleagues and avail themselves of what others have done. If any of you have examples that you would like to submit, please forward them to:

sashworth@spectrumofteachingstyles.org

Spectrum Online Literature



Throughout the year various authors have forwarded research articles to the Institute. These articles were added to our Literature section. If you submitted an article, check to make sure your information is there and that it is correct. If we do not have your Spectrum PDF file, please forward it to us for inclusion. We encourage both English and native language articles - we understand that not all articles can be translated into English. However, it is important for the readers in your country to have access to these Spectrum articles. Please include an abstract in English.

For details, see <http://spectrumofteachingstyles.org/literature>.

Thank You

Although 2009 is behind us, we want to thank the support staff who were very busy with issues that took us away from working on the website. Bear with us while we revamp and give more attention next year to our website. We promise you that many new terrific additions will be added. In 2010, the Institute's major focus will be promoting the accurate utilization of the Spectrum; therefore, many of the new web features will focus on Spectrum implementation in the classroom. Send us your requests - what information do you need about the Spectrum? Help us help you!

We also would like to invite our colleagues to contribute Spectrum news, information or upcoming events for future newsletters. Please send your comments to the address below with "SITL Newsletter" as the subject line.

Email: sashworth@spectrumofteachingstyles.org

Have a good year, from Command to Discovery!